

QC

MUSIC:

Phoenix Lauren's first EP a tight collection of funk and soul **P. 10**

ON THE SCENE:

At the Regina Sports Hall of Fame's Class of 2014 announcement **P. 12**

GARDENING:

Late bright has hit Sask — protect your crop with our tips **P. 20**



TEACHING HISTORY

REGINA HAS BEEN GOING BACK TO SCHOOL FOR 131 YEARS **P. 4**

Elsie Mironuck's teaching career spanned five decades

FREE

SUMMER

Sale ends August 19th

Blast Off Sale

2012 PRIUS C



1J99201

Tech Package,
18,000/mile

ONLY \$19,900

2008 SEBRING



1J84361

ONLY \$14,900

2014 CHARGER



1J84362

WAS \$26,900 NOW \$24,900

2010 JEEP WRANGLER RUBICON 4 DOOR



1J27900

WAS \$28,900 NOW \$24,833

2012 TUNDRA LTD



1J84371

\$42,900

2011 JEEP WRANGLER RUBICON



1J27901

WAS \$31,900 NOW \$26,289

2012 LEXUS IS 250 BASE (M6) SEDAN



1J27902

ONLY \$27,900

2011 RAV4 V6



1J84381

ONLY \$23,900

2011 VENZA



1J84382

WAS \$29,900 NOW \$25,897

2012 DODGE GRAND CARAVAN



1J27903

ONLY \$16,900

2011 TOYOTA SIENNA LE FWD



1J84391

Warranty
Transferable

ONLY \$23,900

2013 TUNDRA



1J27904

WAS \$38,900 NOW \$34,800

2012 INFINITI G37X AWD



1J28004

WAS \$34,800 NOW \$32,900

2013 CAMRY



1J28005

6 to choose
from

NOW \$19,885

O.A.C. See dealer for details.

Taylor
LEXUS TOYOTA

LEXUS
Certified

TOYOTA
Certified

ON THE BROAD STREET AUTO MILE...
www.taylorstoyota.ca

TAYLOR'S USED VEHICLES
605 BROAD ST.
569-8777
DL# 915804

INDEX

SHARP EATS PG. 14



Too many associations, not facts, abound regarding urban chickens. QC PHOTO BY MICHAEL LINTZ

TABLE OF CONTENTS

ON THE COVER — 4

Peoria's education landscape has changed a lot since the first school opened in 1883.

IN THE CITY — 5

A moment in time: Photographer Bryan Schlosser captures a unique shot to define the week.

MUSIC — 10

Phoenix Lauren's first album: a tight collection of funk and soul songs.

ON THE SCENE — 18

At the Peoria Sports Hall of Fame's Class of 2014 anniversary event.

READ MY BOOK — 13

Grandma's will appreciate practical approach of Angela Gosselin's *Today's Grandmother*.

SHARP EATS — 14

Do chickens deserve a place in city backyards? Columnist Jenn Sharp says they do.

EVENTS — 19

What you need to know to plan your week. Send listings to: qc@leaderpost.com

GARDENING — 20

Let's (slight) fix-it! Saskatchewan — use our tips to protect your crop.

CROSSWORDS/DOWN — 21

OUTSIDE THE LINES — 22

A weekly column providing for kids of all ages by artist Stephanie McKay.

WINE WORLD — 23

If it says Rossmore on the label, just buy it.

ON THE COVER PG. 4



Elise Mironick stands with some of her students at Sherwood School on June 10, 1987. Mironick was principal of the school for 29 years. After she retired in 2017, the school was renamed in her honour. QC FILE PHOTO BY REINHOLD KUEHL

QC COVER PHOTO BY DON HEALY

QC is published by The Leader Post — a division of Postmedia Network Inc. — at 1904 Park St., Regina, Sask. S4N 3G4.

Sue McLaughlin is editor-in-chief; Heather Padden, managing editor; Jenn Sharp, associate editor.

For advertising inquiries contact: 789-5221 (editorial), 1-855-668-6552, home delivery 789-5222.

Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

The contents of this publication are protected by copyright and may be used only for personal, non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For more information, contact the editor at 1-855-668-6553.

ON THE COVER

I was born to be a teacher. — Elsie Mironuck

REGINA HISTORY

Education has changed in 13 decades



Elsie Mironuck started teaching in 1942 at age 30. The legacy of her 45-year teaching career lives on in the school that was named after her in her honor by past Mayor

By Ashley Martin

Eighty-five years ago, Elsie Mironuck knew she wanted to be a teacher.

As a child at home on her family's half section near Vermorel, she was schoolmarm to her cousins and little brother Don.

"We played school, and I was always the teacher. And I would say, 'Alright class, stand,' all right class, sit down," and that's as much as I knew about teaching, but I was only five years old at that time. It went on and on and I

knew always that I would be a teacher."

That interest led to a 45-year career in education, which ended after a 30-year term as principal of a school that was named in her honour.

Elsie Elsie Mironuck Catholic minority school in Regina's northwest is one of nearly 300 schools in Regina today. Already more than before, Regina was named a town on Dec. 1, 1883 the first schools were opened.

In March, a private school inside someone's home was mentioned in the very first

issue of the Regina Leader newspaper. In May the first public school opened in the Methodist Church on South Railway Street. And in 1884, the public school district was still, known today was proclaimed as the Regina Protestant Public School District No. 4. Regina's Catholic schools followed suit 10 years later.

To celebrate 13 decades of public school, here's a lesson in social studies.

■ ■ ■ ■

Elsie Mironuck's first teach-

ing job was in a frontier setting as she could not far — the very school she attended while growing up adjacent to her family's farm. She was 16 in 1901 when she started work as the one-room Mission Road School in Vermorel for an annual salary of \$100.

Regina was home to several one-room schools including Lane Cottage School which closed in 1994.

There, she took Grades 1 through 12, but came to Regina for Grade 13, then attended her teaching certificate in one year at the Normal School.

On May 28, 1920, Regina Collegiate opened, it was the first school dedicated solely to secondary education. It was renamed Cardinal Collegiate in 1925 when St. Charles Collegiate opened. Cardinal closed in 1993 and was demolished in 1994. Its facade is now part of Westminster Collegiate, which opened in 1997.

Elsie might have stayed in Vermorel forever but she only spent a year, heading the advice of a neighbour boy who was home from the air force.

"He just said, 'Elsie, what are you doing here?' You have gone to school here all your

life. Why would you be teaching here? Put on your resignation and get out.' So I did."

Over the next five years, she taught at various country schools, teaching Grades 1 to 10 in the same room.

In that setting, "when you're teaching Grade 7, everyone in Grade 4 to Grade 10 had their arms wide open and they're learning the same thing. It worked out well."

Mironuck wasn't overly interested in teaching older children. When she returned to Regina in 1944, she knew she'd be a primary teacher.

"The little things are the big things" was one of our mottos. — Loretta Tetraault

St. John's Normal School opened in 1914 at 1955 College Ave. During the Second World War, Normal School courses were held at Lakeview School to make room for all three members. St. John's Normal School closed in 1944 due to low enrolment.

And managing a one-grade class for a change was "two rifles," being able to work one-on-one with students.

Those were different times.

To discipline for misbehaviour, Minnesota gave students the single time or two, "when they couldn't sit, and they knew they had it coming because the rules we had made, classroom rules, school rules. But if you're gone on the day," said Minnesota, "I can mention her putting children out into the hall because of their behaviour or sending them to the other depending who the principal was."

The degree from the University of Minnesota earned posthumously effective May 1, 1987.

She can also recall the days when boys and girls were segregated on the playground, when she'd usually sit away from the boys to answer questions she could be uncomfortable when her students would write to pen pals in Europe for a world war. Today's students have the "international" aspect of the Internet.

Minnesota's days as a teacher ended in 1960, she taught at Imperial, Wisconsin (from 1949 and Argyle before he became a consultant for the school board).

Wisconsin opened Jan. 3, 1914 at 2347 Nelson St. It closed in 1957.

Meanwhile she returned to her own studies, obtaining an education degree from the University of Saskatchewan (Oregan Campus) in walking was so unlike teaching, but she moved it as a profession.

She enjoyed assisting teachers and making the rounds to various schools, "on Monday morning I would go to Divya School, on Monday afternoon, I would go to Argyle School or



Loretta Tetraault spent seven years as the principal of Sacred Heart School. (photo by DON HALL)

whatever." During 10:30 a.m. coffee breaks, she'd catch up with the teachers.

Another promotion in 1962 to principal, Minnesota spent four years at McLeod School. Then she moved to Sherwood School, where she stayed until 1967.

Sherwood School opened in 1962 at 4444 Highway 10.

When she announced her retirement that year, the board decided to name the school after her a "wonderful" honour. If she could do it all over again, Minnesota wouldn't change a thing.

"I was born to be a teacher."

♦ ♦ ♦ ♦

Conversely, Loretta Tetraault didn't think teaching was her calling. She grew up saying she wanted to be a nurse. She was 16 when she got into her first classroom on an unconditioned one that set the tone for a diverse career in education.

When Tetraault was assigned a Grade 3 class at St. Paul School in 1970, she was surprised to find some of her students were as old as 11. The next semester she assigned

Oct. 25, 1960 Gordon School was located at Cornwell Street and 10th Avenue.

"Those were the days when they still called children," said Tetraault. It reminded her of her mother's teaching experience on rural Alberta schools. In a Grade 3 class "There was really sometimes no great grade distinctions, you just taught kids wherever they were at and what they needed to learn."

That experience came in handy when two decades later, Tetraault became principal at Sacred Heart School.

A Grade 3 class she affectionately called "the class from Hill" drove off three teachers in the course of a year. For the church's Grade 5 year Tetraault had the idea of a diverse split, so she saw it St. Paul.

She paired them with Grade 3 students, after observing their kindness when dealing with their younger siblings. "Even if they were two years behind (grade level) they could read stories to a Grade 3 student" and feel a sense of accomplishment, said Tetraault. The students all benefited from the project.

Sacred Heart, which opened in 1928 at 1344 Robinson St., was built at a cost of \$68,000. It was the new incarnation of a cottage school, built in 1922 at 4444 St. Paul and 10th Avenue.

Sacred Heart presented a challenge, but Tetraault was never one to shy away from a challenge. She sought diversity throughout her career, teaching students from ten languages through to university and working as a speech language pathologist, vice principal and special education teacher.

Contributed Photos by Don Hall

When I went to school in the '60s and '70s, aboriginal history was not taught at all. — Calvin Racette



Calvin Racette works as the aboriginal education coordinator for Regina Public Schools. *QC PHOTO BY STEVEN SCHNEIDER*

At Sacred Heart, "When I started (in 1988) it was probably one of the most out-of-control, violent schools in the city and we moved it from that to international recognition," said Tetemaat.

"The little things are the big things" was one of our mottos and we just did all kinds of little things to start with."

Resisting children would not set out because they wanted to be suspended, she opted for withheld "quiet room" suspensions. Since, there were no more suspensions.

Taking up after recess was an opportunity for kids to share and fight to the school got rid of brawls.

Then when kids would fight on the playground at recess, they classmate them together in house of two plays of periods each day.

"We did our best to develop a loving, nurturing culture in the school," said Tetemaat. "Because we were a Catholic school, we always said we'd treat every child as the Christ child no matter what happens if they do something wrong, there is a consequence, but the consequence will be given in a loving way."

The director Herman Gatchell, *Journalist School District No. 17 was organized Feb. 24, 1879, named after St. Mary's Church pastor Father Desmet-director who was conservative in education.*

In the classroom, they emphasized students' strengths. "Students who before would have described themselves as being dumb, were describing themselves as being arts smart or math smart or physically smart," said Tetemaat.

Harvey spent her last seven years at an inner city school Tetemaat doesn't lightly use the word "tragedy" when it comes to aboriginal students in Regina.

"We just aren't really making enough efforts to include there is an education program that is meaningful and beneficial," said Tetemaat, who points to appalling dropout statistics.

The C.D. Howe Institute reported in 2013 that the dropout rate among First Nations students in Saskatchewan is 33 per cent, compared to 15 per cent for non-aboriginal students.

"We've made steps forward but I think we have miles to go."

♦ ♦ ♦ ♦ ♦

Calvin Racette agrees there is still a long way to go, but he has seen a great improvement in the situation of aboriginal students since his education career began in 1981.

The statistics it was a long time to have aboriginal history being taught in schools.

"When I went to school in the '60s and '70s, aboriginal history was not taught at all," said Racette who has spent the past 11 years as the Regina Public Schools' aboriginal education coordinator.

About the time Racette started his career, the provincial government implemented an aboriginal education action plan.

During seven years teaching in Port St. Joseph, he saw firsthand the point of his current job to improve aboriginal students' graduation and retention rate.

Racette sees residential schools as having a direct impact on aboriginal students' and parents' reluctance to

ward education. The Regina Indian residential school opened in 1879 and was located three miles northwest of Regina, it closed in 1910.

For more than a century, Saskatchewan students were removed from their homes and taught a foreign education, while their parents' parenting skills degraded.

"In this aboriginal world, going to school meant you lost your language, you lost your history, 30 per cent of all kids who went to residential school died," said Racette. "So education was not seen as a wonderful thing for aboriginal people." Journalist Herman Gatchell, *Journalist School District No. 17 was organized Feb. 24, 1879, named after St. Mary's Church pastor Father Desmet-director who was conservative in education.*

I can't exactly see my job as getting them ready for work when the type of work they might be doing post-university doesn't even necessarily exist yet. — Jason Horvath



Jason Horvath is excited about the different approach to teaching he'll experience at the new Seven Stones School. QC PHOTO BY DAN HENRY

When students left residential schools, many were thrown into remedial education — "special ed" classes, said Racette. "Many of those (students) are the parents of our kids currently in schools."

It's a cycle that can be reversed, said Racette. He points to himself as an example. He grew up poor in Indian Head but finished Grade 12. As for his own children: "The expectation now is not 'if' you go to high school or 'if' you go to university; it's 'when' you go to high school and 'when' you go to university so it's a different mindset, and my whole family is like that," said Rac

ette. "Every year our students really feels a little bit more." Racette also notes how teaching schools were culturally insensitive.

In his current job, Racette helps public school teachers incorporate aboriginal culture into their classrooms.

In public schools, he says 65 per cent of the 51,000 students self-define as aboriginal. Of 1,300 teachers, there are approximately 750 aboriginal teachers and another 300 are so-called "cultural" who encourage culture in their classrooms.

In 1983, Regina's new public school, *Josephine's staff of four teachers and had 10 students enrolled.*

For the past seven years, 16

elders have worked to educate students in 53 public schools around the city about how to get with positive feedback from students and parents, said Racette.

In four schools with nearly 50 percent aboriginal students, it's not a cure. One program instead of the popular core French.

French immersion was introduced in 1983 in Regina's Catholic school in 1983. It was introduced at the public elementary school.

Wascana School students — now at the new Seven Stones School — have a weekly in-depth studies class where they learn various aspects of First Nations culture.

Seven Stones, named for an aboriginal teaching philosophy, comprises students from Herdman (which opened in 1983) and Wascana (1983).

These things are contributing to a more positive future, said Racette. "It's about building a safe place, a place where kids feel they can belong and they can succeed and they can enjoy themselves. When that happens, if something like a career success."

Racette has a few ideas to create even more success. He'd like to see a Cree immersion program and schools with an aboriginal focus similar to the Christina and Haida schools that are affiliated with

Regina Public Schools. Regina's Charles Street opened in 1983. Regina's Haida School opened in 1986.

For new Seven Stones is a good start — it has lots of aboriginal content, the staff is focused on inquiry and an elder will frequent the school, said Racette.

"It's going to be a very welcoming aboriginal based environment. What I see is more of these schools."

"I believe that's the next step forward."

School due to its white brick exterior. It was located at 1st Avenue and Hamilton Street. Its second floor was home to a high school.

Seven Stones is breaking new ground in other areas too. Its design is meant to help kids learn through collaboration, said teacher Jason Horvath.

The classrooms are fitted with wall-sized garage style doors that lift to accommodate large classes, which allows Horvath and his colleagues to teach with his particular team of three other teachers along with support staff. Educators are estimated 30 students from Grades 1 to 8.

On Teachers' Page 8

When I was in school ... we only had one computer. I took typing on a typewriter and I'm not ancient, but that's how fast things have changed. — Jason Howse

The teachers will share their work load and break up the class as necessary.

"Instead of saying one adult to 20 kids," said Howse, "depending what's happening, maybe one adult is working with a group of five and maybe one adult is working with a larger group."

"I really think it is a good opportunity to play off each other's strengths. It's not be the only adult in the room," said Howse, who has taught for 13 years.

There is no traditional classroom at Seven Stones, because that is no longer a real-world concept, said Howse.

"There is no industry you can go into now where the manager is the only person you listen to and you work in isolation," he said. "We work in teams personally and our students need to be better at that."

"I can't exactly see my job as getting them ready for work when the type of work they might be doing post-graduate is down to even necessarily exist yet. It's the skills of being an independent learner that they need to acquire."

Part of that is engaging students

with changing technology.

For the past three years, Howse has encouraged his students to embrace social media. Through their class Twitter account (@MHS2014classroom), they're introduced with an either in Chinese for a novel study. They wrote tweets about poetry and had a play. "I've been back at school and had a play. I've been back at school and had a play."

To that end, there are some 10000 devices. Year three (three) classes, where students are encouraged to use their smartphones and tablets. If they don't have one, the school has some at our loan.

Howse wants to teach his students to be responsible digital citizens.

In spring 1995, about half of Virginia public schools had the Internet.

"When I was in school myself, that was never part of it because we only had one computer. I took typing on a typewriter and I'm not ancient, but that's how fast things have changed," said Howse. "Students today have the potential to do some wonderful things online or to make some mistakes."

— Jason Howse, principal
Twitter: @MHS2014classroom



This was cutting-edge technology at the time. Grade 7 student Course Durkin (left) shows Willie (left) about her computer use at Wynton School on May 24, 1995. The school had recently received seven Commodore C-64 computers. (C-64) PHOTO BY DON HEALY

SUPPORT RIDER SUPPORT READERS

GET GAME TICKETS NOW!

For a minimum donation of \$40 to the Leader-Post Raise-a-Reader fund, you will receive 2 TICKETS* to the September 21 or October 3 Saskatchewan Roughrider home game.

Ottawa vs. Saskatchewan
Sunday, September 21
2:00 pm • Mosaic Stadium

OR

Calgary vs. Saskatchewan
Friday, October 3
8:00pm • Mosaic Stadium

Make your donation at Leader-Post Reception Desk, 1964 Park Street, Regina, SK. Monday to Friday, 8:30 a.m. to 4:30 p.m.

*Seating \$2 only. While supplies last. Maximum 2 tickets per person/team.

Postmedia
Raise a Reader
LEADER-POST

IN THE CITY

AUGUST 27, 2014 — 2:13 P.M.

Water fight on wheels



From RBC: Hotels, restaurants and water fight join us taking off on the Heart and Stroke Day Bike Ride in the Grasslands Shopping Centre on Aug. 27. [See photo by Brian Sullivan](#)

MUSIC

FOLLOW QC ONLINE at leaderpost.com/qc or you can follow us on Twitter @QCRegina or at Facebook.com/QCRegina

PHOENIX LAUREN

Saskatoon soul singer on the rise

By Sean Trembath

Phoenix Lauren is still working to earn her name.

Born Karlin Heather Lauren Shinn, the Saskatoon-based soul singer took well over a year to come up with her courage to do so after deciding her real name didn't roll off the tongue.

"I was going by Karlyn Heather Lauren. It was just a mouthful. I couldn't even say it without cranking," Lauren says.

Once she landed on Phoenix, it felt right. The song, cry of the fiery bird rising from the ashes told the story she hoped to write with her music.

"I think it was more looking into the future. What I want to be, what I want to conquer and who I want to become," she says.

Lauren knows she has a long way to go.

"I think I'm still on that journey. I hold myself to really high standards, so I don't really feel like I've arrived," she says.

That journey is about to reach a milestone. On Friday, Lauren and her band the Strength are releasing their first ever album, a four-song EP, with a show at Angus. It is the end product of almost a year of work — much longer than she would have liked.

"It's been crushing, but I'm really content with myself, so it's been gratifying. I find it really hard to be satisfied. I always feel like I can do better," Lauren says.

Growing up in Weyburn as the daughter of a pastor, Lauren would sing in church. She always loved it, and had been writing songs since she was 14, but it wasn't until she moved to Saskatoon about 1 1/2 years ago that she put herself out there as an artist.

It started with open mics. Then she was approached by Josh Palmer and Tim Vaughn, two musicians in the band some, about working together. They added Ben Parker, Andrew Dickson and Kyle Kryos, and Phoenix Lauren and the Strength were born. Lauren calls the lineup her dream team of local musicians.

She admits the whole "being in a band" thing was a bit foreign to her, and she is still figuring some parts of it out.

It's almost an embarrassing process. I had no idea what I was doing. I knew I could sing and that I wanted to sing, but forming a band, finding a band, writing songs was a very scary and vulnerable place," she says.

Aside from her music, Lauren's other interests in fashion.

"My earliest memories are of me picking out my outfit. It was always important to me," she says.

She has attracted a following on Instagram, and was recently featured in a Dish-based fashion magazine for her style.



Phoenix Lauren, the daughter of a pastor, grew up in Weyburn. She and her band are releasing their first four-song EP Friday. (PHOTO: COURTESY BETH TIL)

MUSIC



The band's EP is a tight collection of funk soul with both fast and slow numbers. The skill of the players comes through in interesting instrumentation, with Leamon's singing pulling the whole production along at whatever pace she chooses.

When asked about influences, Laine has just one woman in mind, Pagan legend Laryn Hill.

² I love that her songs came forth with a ease

sage and with passion and conviction. It's not just another pop song. You can really feel the emotion." [Lauren.com](http://www.Lauren.com)

With the first album under her belt, Lauren is now looking to the future. She is planning to move to Vancouver in the fall, with an eye to

remained relatively stable in the 1990s.

A graphic for the 'Transit Week Challenge'. It features a stylized yellow bus with a smiling face at the top. Below the bus, the text 'TRANSIT WEEK Challenge!' is written in a mix of bold, sans-serif and script fonts. The background is a dark blue grid with yellow dashed lines representing transit routes. A yellow sunburst is in the top left corner. A dark blue rounded rectangle contains the text 'Get ready for the Transit Week Challenge' and 'City Councillor Shawn Fraser challenges YOU to use Regina Transit between September 8-14!'. At the bottom, a dark blue rounded rectangle says 'Share your experience by tweet or post using #busYQR and be entered to win!'. The bottom left has small text: '@shawnfraser', 'ShawnFraser-for-regina-406-3', and 'For more info visit www.shawnfraser.ca'.

TRANSIT WEEK Challenge!

Get ready for the
Transit Week Challenge

City Councillor Shawn Fraser challenges YOU
to use Regina Transit between **September 8-14!**

Share your experience by tweet or post
using **#busYQR** and be entered to win!

@shawnfraser
ShawnFraser-for-regina-406-3
For more info visit www.shawnfraser.ca

[illegible]

ON THE SCENE

REGINA SPORTS HALL OF FAME INDUCTION

Sometime people are being inducted into the Regina Sports Hall of Fame (RSHF).

This year's induction event was announced Aug. 26 at a media conference at the Regina Sports Hall of Fame site on the main floor of the Co-operators Centre at Lynx Place. Inductees and RSHF board members were on hand for the announcement.

People being honoured for their contributions to sports in Regina include longtime volunteer and board member Bob Gaudet and community expansion team George Watson (jockey, multi-sport). Air Canada Cup national indoor AAA champions: the 1987-88 Regina Pat Canadians (juniors hockey), former Hockey Canada and junior hockey player Sally Giesler (juniors football), long-time figure skating official Karen Howard (juniors figure skating), award-winning masters athlete Carol Lefayette Boyd (juniors track and field), and Inuvik world champion Miles Katic (juniors football and road running).

This is the 37th year the Regina Sports Hall of Fame is honouring people who have contributed to sports within the city by inducting them into the hall.

There are now 72 inductees in the RSHF — 29 athletes, 29 builders, 9 trainers and three captains. There are also 180 honorary members with Regina connections who had previously been inducted into the Saskatchewan Sports Hall of Fame, according to a RSHF media release.

This year's induction ceremony will take place October 16 inside Quatrefoil Salon & Café at Lynx Place. Tickets are \$25 for adults, \$15 for children 12 and under available from RSHF. For more information, call Cathy Giesler (506-529-9699) or Security Key & Lock 2522 Dewdney Ave. (306-525-5651).

1. Carol Lefayette Boyd and Bob Gaudet
2. Graham Turr
3. Karen Howard
4. Lynn Boyd
5. Sarah West and Linda Young
6. Kim Petropchuk
7. Barry Stanser
8. Kelly Marlowe



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

ANGELA BOWEN

Today's Grandmother

"Do they really not eat any food until they are six months old?" The new grandmother asked.

"She just won't believe in what I say about caring for Laura. I don't want to leave her alone with the baby." The new mother said of her mother-in-law.

My mother's favorite thing to say is "I need it if you and new wife want," when she brings over things she finds at garage sales, but most of it is waste and junk."

These are some of the comments I heard at a recent signing of my book, *Today's Grandmother: Your Guide to the First Two Years*. These women confirm what *Today's Grandmother* says — much has changed since we had our babies and some grandmothers need to update their

knowledge about baby care to best help the new family.

As a Registered Nurse and Professor at the University of Saskatchewan, I have spent much of the last 40 years taking care of or teaching others on how to care for mothers and babies. I felt well prepared to be a grandmother, but I quickly discovered that I was dead march to learn.

I carefully watched how good mothers interacted with their daughters and daughters-in-laws



Angela Bowen

and their granddaughters. I asked "what was working and not working in their relationships?" What grandmothers wish they had known and what daughters-in-law wanted them to do differently? I reviewed the advice that new parents are usually given when they have a baby. I checked experts such as Health Canada, Pediatric and Obstetrical resources, and provide the reader with these links.

Grandmothers have praised the practical approach of *Today's Grandmother*. They tell me they can relate to the book and appreciate its down-to-earth approach. Mothers tell me *Today's Grandmother* so carefully portrays these challenges dealing with a new baby as well as a sometimes overly enthusiastic or

uniformed mother or mother-in-law, they thank me for telling it like it is.

I wrote *Today's Grandmother* to help you to become the grandmother you want to be, and to ease the transition into this wonderful new phase of your life.

A portion of the profits from *Today's Grandmother* go to Grandmothers in Saskatchewan Campaign that supports grandmothers in Africa who are raising their grandchildren, or placed because of HIV/AIDS.

Angela Bowen is a mother of 10 children and 13 grandmothers. She is a member of the Saskatchewan Grandmothers' Fund and a member of the Saskatchewan Grandmothers' Fund. She is a member of the Saskatchewan Grandmothers' Fund and a member of the Saskatchewan Grandmothers' Fund.



Powered By



**FOR THE LATEST AND GREATEST
JOB POSTINGS IN REGINA AND AREA**

leaderpost.com/jobs

LEADER-POST

The True Mark

**Read SIX:
JOHN chapters 1-21**

CONSOLIDATE YOUR DEBT

Ask for a free consultation to learn the benefits of filing a Consumer Proposal. Appointments available in Regina, Yorkton and Moose Jaw.

356-849-3328 | 356-390-8858 Local call is \$6
regina-debt-help.ca

Tara Rogers, Manager
trager@bdo.ca
300 - 1314 Hamilton St., Regina

BDO Capital
Credit Services
Financial Advisors
Tax and Accounting

BDO Capital
Credit Services
Financial Advisors
Tax and Accounting

BDO



SHARP EATS

See a food trend you think deserves a highlight in QC?
Email QC@leaderpost.com
or visit QC on Facebook

#URBAN CHICKEN ARGUMENT

Too many inaccuracies presented as fact

By Jenn Sharp

It doesn't matter if the chicken or the egg came first, according to some, neither one belongs in the city.

Questions were raised about chicken's place in an urban setting after an Aug. 20 story ran in *The StarPhoenix*. Kent and Dorcas Sault are breaking a city bylaw by having chickens in their Cornhill Hill back yard.

The couple, who got approval from their neighbours to keep the chickens and they're being mostly responsible. Rather than obtaining eggs from factory farms that have travelled miles to get to the city they're sourcing from their own backyard.

Concerns about everything from the city's liability to food-borne illness and fears of children dying after playing in chicken manure were raised by Councillor Glen Dawson. Councillor Dawson had also raised concerns about the smell, the noise chickens make and the pests they attract.

The argument has been one-sided, with too many inaccuracies presented as fact.

Chickens cluck during the day from time to time, especially when they're laying an egg, but it's not even close to the noise a barking dog or cat or bear makes. They're quiet all night. Roosters are the loud ones but you don't need a rooster to have eggs.

I'm not saying people should be allowed to keep hundreds of chickens in their backyards, as I'd advised by when recommending their small — two or three is enough to provide a family with eggs. The more a few chickens make is noise and, especially when kept in a coop that's cleaned regularly. The smell is virtually nonexistent. Chickens droppings easily break down into low-level waste.

The mess does make, as the old cliche, is disgusting. How many times have you had to smell a fresh pile of poo on the sidewalk?



Questions have been raised about the safety of raising chickens in backyards across the city, which is currently combing to Saskatoon city bylaw. Several inaccuracies about urban chickens have been spread in the local media. But the facts don't lie: there are a variety of exotic heritage chicken breeds out. (on Sault's chicken) Heritage breeds are almost extinct as people wanted to mass-produce egg layers or fast growing and economical to feed meat birds. QC PHOTO BY MICHELLE PERG

SHARP EATS



The hen above, a Golden-Laced Wyandotte, is an exotic, heritage breed owned by Ian Booth, a hobby chicken farmer north of Saskatoon. She says chickens are healthier when they're allowed to spend as much time outside as possible. Proper ventilation and sanitation in the coop is a must, along with strong footing to dissuade predators. CP PHOTO BY MICHELLE BERG



My list haven't been fast enough more times than I care to admit and that small is worth indicating. And don't even get me started on cats using medications and flowerbeds as their toilets or springing their tiny tiny pregnant sisters are advised to stay away from litter boxes because feline toxemia is a parasitic infection carried by cats, is transmitted in the feces. It can cause significant neurological damage to a fetus.

Yes, chickens do pose a risk of transmitting food-borne salmonella to us complainers; but the risk is

more. All that's needed to prevent salmonella in some common sense - don't eat or your chicken coop stays in the house and wash your hands.

Henk Claassen, a professor in animal and poultry science at the University of Saskatchewan, told *The Star/Telegram*: "There ought to be other reasons why we don't want chickens in the city but that one... is making people fearful."

Thank you Claassen - monger of the four mongering! People have been living with chickens for hundreds of years. Let a dog being so

abused.

An advantage to chickens, he notes, is these delicious eggs, is that they love eating insects, including mosquitoes and ticks - does your cat do that? I don't think so.

They're also wonderful companion items, they eat just about everything except bones. Chickens have even been known to attack and eat snakes. Just search for it on YouTube. If you don't believe me.

There's also the argument that chickens will attract predators, like foxes, coyotes and raccoons. But,

so do rabbits, cats and small dogs. Chickens sleep in protected coops at night and are quiet - these are natural, natural defenses that protect them.

Chickens are also cheap and very low maintenance - they just need food, water, shelter and regular pen cleaning. There's no grooming, molting, molting, molting, molting, molting or molting involved.

Eggs aren't really supposed to be that pale yellow, watery consistency, so that you find in the grocery store variety eggs from chickens raised

on grass, bugs and fresh air have a rich taste and are a deep yellow colour.

Let's get our hands out of the mud. Support people who are contributing to a sustainable food future, especially when farmland is being converted into suburbs at an alarming rate.

What do you think? Should we let chickens be abused? Or should we let us be? (Editor: Richard's handling of chickens seems terrible, wrong!)

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

MUSIC

Wednesday, Sept. 3

Wednesday Night Punk: Nick Page
Bushwacker, 2206 Dewdney

Wayback Wednesday with
Leather Cakes
McKully's, 2220 Dewdney Ave.

Thursday, Sept. 4

Robb Hill Band, Josh Gonzalez
and Friends
McKully's, 2220 Dewdney Ave.

Myle & Julie Bentley
Cathedral Pinthouse, 2062 Albert St.

Fridays, Sept. 5

The Millionaire's Stone
9 p.m., Western Pica Lounge,
1307 Broadway Ave.

Batt Bivens
McKully's, 2220 Dewdney Ave.

464 Fridays
10 p.m., 464 Toronto St.

Mark Mills, Yes We Mystic
Orkavorm, 1841 Scarth St.

Saturday, Sept. 6

A Night to Remember
Tribute to Carl Perkins, Johnny Cash,
Jerry Lee Lewis and Elvis Presley
8 p.m., Casino Regina Show Lounge
1850 Saskatchewan Dr.

The Millionaire's Stone
9 p.m., Western Pica Lounge,
1307 Broadway Ave.

Sunday, Sept. 7

P.B. I Love You, Mouche's Sister
The Exchange, 2431 Eighth Ave.

Monday, Sept. 8

Monday Night Jazz & Blues
Yound Midnight
Bushwacker, 2206 Dewdney

Weekly Drum Circle
Instruments provided

180-9 p.m., The Living Spine Centre,
3018 Dean Dr.
Call Mike, 306-550-3511

Tuesday, Sept. 9

Zachary Lucky, Wolf Willow
Orkavorm, 1841 Scarth St.

VISUAL ART

Ray Couloumian:
Digital Heresities
Exhibition examines our uneasy
relationship to technology, and imag-
ines ways it — and we — might adapt.
The first major solo exhibition by
Regina-based sculptor Couloumian.
Opening celebration Sept. 5,
7:30 p.m.
Artist & Curator Walkthrough
Sept. 6, 2 p.m.
Sept. 6-Jan. 25,
Mackinac Art Gallery,
2475 Albert St.

Melvin Taggart's New Canvases
Sept. 6-Oct. 25, Mystery Gallery,
2106 1301 Ave.

Hello in There/Hello Out There
An exhibition of artwork created by
senior citizens, who share personal
narratives, life stories, and memories
through art making and storytelling.
Directed by Chrystine Iles through
Common Weal Community Arts
Until Sept. 7
Reception Sept. 3, 3-5 p.m.
Oaktop Art Gallery — Central Branch,
2311-12th Ave.

**Best Nations Art, Hip-Hop and Ab-
original Culture**
Various artists juxtapose urban
youth culture with Aboriginal identity
to create innovative and unexpected
new works — in painting, sculpture,
installation, performance and video
— that reflect the current realities of
Aboriginal peoples today.
Until Sept. 7, MacKenzie Art Gallery,
2475 Albert St.

Ying-Yueh Chuang:
Made in Modula
Organic elements of plant life from
land and sea reimagined today.
Until Sept. 29, Slate Fine Art Gallery,
2070 Halifax St.



Made in Modula featuring works by Ying-Yueh Chuang at Slate Art Gallery until Sept. 29

EVENTS

Behind the Screen: Glimmering Glass

Delicate and distinctive portraits of women intersect without constructed enhancement.

Until Sept. 27: Slate Fine Art Gallery, 2076 Keele St.

Seen Whiskey: Trimmed

Sculptures depict bearded and strangely deformed shapes, perched on boxes and covered in wallpaper; a reference to friends and radicals lost to the pulp industry.

Until Oct. 4: Art Gallery of Regina, Neil Ruskell Chis. Arts Centre, 2420 Saskatchewan St.

Contemporary Canadians

The Artists of Scott Nicholson Fine Arts features the works of Canadian fine artists who have created works of art in three distinct styles portraying the essence of contemporary Canadians.

Until Oct. 31: Regina Centre Croward, 1821 Albert St.

Milijeta Ruperto: Janus

Los Angeles artist Milijeta Ruperto's video *Janus* addresses the fine line between states of being. Named after the Roman god of beginnings and transitions, the subject of *Janus* is the well-recognized "half rabbit" Bussard as described by the philosopher Ludwig Wittgenstein. The ambiguous animal's features twitch, its eye blinks, and a wound on its belly opens up, implying an overlap of life and death.

Until Nov. 13: Central Neolithic: Dunlop Art Gallery — Central Branch, 2371-12th Ave.

Avant-Garde Gallery

2056 Smith St.
Open Tuesday to Friday, 10 a.m. - 5:30 p.m.; Saturday 10 a.m. - 5 p.m.

Neural Ground

#2003-1055 South St.
Open Tuesday to Saturday, 11 a.m. - 5 p.m.

Oakland Gift and Fine Arts

Oil and ink paintings by Chinese artists. Linxiao Jiang and Huxley Tian, 2372 Lincoln St. Open Monday to Saturday, 10 a.m. - 5 p.m.

T&F Contemporary Gallery

1021 18th Ave.
Open daily 11 a.m. - 5 p.m.

COMEDY

The Laugh Line

Live stand-up every Saturday night, 9:30 p.m.
Ramada Hotel, 1530 Victoria Ave.

PERFORMANCE

How to Give Feedback

Workshop for poets and performers. Every Thursday, 7-9 p.m.
Creative City Centre, 9643 Hamilton St.

DANCING

Retro Blues Party

Every Sunday
Muhly's, 2226 Denison Ave.

FOR FAMILIES

Stars and Strivings

Wednesday, 1 p.m.
Cineplex Odeon Southland Mall, 3020 Garden St.

Kids A Difference

Combat bullying through baking, spread kindness with a cookie. Wednesday, 5-7 p.m.
Sweet Art Bakery Bakeries, 230 Winnipeg St. N.

Drop In Indoor Playground

Friday, 9-11:40 a.m.
South Leisure Centre, 170 Sunset Dr.

Mom and Tot Bored Meetings

Hosted by Kate Murray, 304-219-2378.
Friday, 10-11:30 a.m. Early Learning Family Centre, Scott College St., 3350 7th Ave.

Build and Draw Circus

Build a special feature project. For children ages 2 and up. Saturday, 10 a.m. - noon.
Lewins, 4355 Dundas Rd.

Michelle Kile Club

Saturday, 10 a.m. - noon
2055 Prince of Wales Dr.



A Night In Reveries: Astarot at the Casino is a tribute to the Alton Baker Quartet. On stage (left to right): Carl Peters, Johnny Cash and Jerry Lee Lewis.

Family Favourites Film

Enjoy a favourite film for just \$2.99.
Tuesday, 11 a.m.: Galaxy Cinema, 420 McCorty Blvd. N.

Family activities

Saturday and Sunday, 2 p.m.
Saskatoon Museum, 2903 Power House Dr.

Family Studio Sundays

Sunday, 2-4 p.m.
Musgrave Art Gallery, 3475 Albert St.

EVENTS



Catch the star-bust of the Pin-O-Bonks Roller Derby season on Saturday at the Cello Club. GC-HU PHOTO BY MICHELLE TELL.

Parent and Preschooler Jungle Gym
Monday, 9:30-11 a.m.
At Rhythic Family Wellness Centre
443 141th Ave.

Science Time for Yats
Interactive workshop aimed at early learners
Tuesday, 9:30-10 a.m.

Saskatchewan Science Centre,
2903 Powerhouse Dr.

Men's Meeting Out
3507 Avenue 18 Dr.
sweltor@sasktel.net

Mothers of Pre-Schoolers (MOPS)
Riverswood Park, Allison Chisholm,
mops@riverswoodpark.ca

Regina Newcomers Club
reginaneewcomersclub@gmail.com

Time Out For Parents
at Rhythic Family Wellness Centre
3507 Lindway St., 306-525-4988,
arfwep@sasktel.net

Y's Men's Group
YMCA, 2400 13th Ave., 306-757-5622

YWCA Regina
1566 McIntyre St., 306-525-2841

MUSEUMS

Alex Yeank School Museum
1600 Fourth Ave.
Yours by appointment only
(306-523-3202).

Globe Museum of Regina
1315 Broad St.
Tuesday-Friday 10 a.m.-6 p.m.
Saturday noon-4 p.m. Closed Sunday
and Monday.

**Government House Museum
& Heritage Property**
5507 Dewdney Ave.
9 a.m. to 5 p.m. daily

RCMP Heritage Centre
5507 Dewdney Ave.
Open 10 a.m.-4 p.m. daily

Regina Firefighters Museum
1205 Ross Ave.
Yours by appointment
(306-773-1734)

Regal Saskatchewan Museum
3445 Albert St.
Open 9:30 a.m.-5 p.m. daily

Saskatchewan Military Museum
1600 Elphinstone St.
Open Monday and Thursday
7-9 a.m., or by appointment
(306-347-9345)

Saskatchewan Science Centre
2903 Powerhouse Dr.
Tuesday-Friday 9 a.m.-6 p.m.
Saturday-Sunday and holidays,
noon-6 p.m.
Closed Mondays.

Saskatchewan Sports Hall of Fame
2300 Victoria Ave.
Monday-Friday 10 a.m.-4:30 p.m.
Saturday noon-5 p.m.
Closed Sunday

OTHER HAPPENINGS

Regina Farmers' Market
Wednesday and Saturday,
8 a.m.-1 p.m.
City Square Plaza, downtown

RCMP Sergeant Major's Parade
Wednesday, 12:45 p.m.
RCMP Depot Division,
5600 18th Ave.

Yoga Party
Hosted by 6 o'clock Yoga.
Sept. 3, 8-9 a.m.
Victoria Park, downtown

Monthly ALES Club Meeting
Learn about the art of home brewing.
New members welcome
Sept. 3, 8 p.m.
Burrhead basement club room,
2206 Dewdney Ave.

Brain Boggle
Saskatchewan Brain Injury Association fundraiser walk/run around the lake, plus a barbecue, prizes and special guests
Sept. 6, 10:00 a.m.
South-side of Wascana Park

Victoria Day
Hosted by the Government House
Historical Society
Sept. 6-7, 11:00 a.m. and 2:30 p.m.
Reserve a seat at 639-579-7123.

Government House
5507 Dewdney Ave.

Roller Derby
Pin-O-Bonks Derby Club
Sept. 6, 7 p.m.
Cello Curling Club,
2228 Sandra Schenker Way

Tai Chi in the Park
Hosted by Regina Tai Chi
Society
Sept. 7, 10-11 a.m.
Victoria Park

**Overland Cancer Canada Regina
Walk of Hope**
Sept. 7, 9:30 a.m.-1:30 p.m.
Rick Hansen Park,
1010 McCorty Blvd.

Photo & Prose Trivia
Sunday, 6:00 p.m.
O'Brien's,
1501 South St.

Disc Golf in the Park
Sept. 8, noon-1 p.m.
Victoria Park

EVENTS



See Kenya's Animal Kingdom on the big screen at the Innis this weekend. The film follows two young Maasai on their usual safari through Kenya, filled with close encounters, Cape buffalo, zebras and black rhinos.

Chess in the Park
Chess games and lessons
Sept. 3, 11 a.m.-2 p.m. Victoria Park

Ultimate Frisbee Drop-In
Sept. 3, noon-1 p.m. Victoria Park

ChessDay Challenge
Drop-in gathering of board game enthusiasts.
Every Tuesday, 6 p.m.-midnight
Boston Plaza, 545 Albert St., N.

FILM

Calvary
Drama
After he is threatened during a confession, a good-natured priest must battle the dark forces closing in around him.

Snowpiercer
Action/Sci-Fi
Set in a future where a failed climate-change experiment kills all life on the planet, except for a lucky few who boarded the Snowpiercer, a train that travels around the globe, where a class system emerges. Starring Jamie Bell, Tilda Swinton and Chris Evans

Regina Public Library Theatre
2311 12th Ave., 306-777-6064

Flight of the Butterflies
Documentary
Join hundreds of millions of butterflies on an amazing journey to a remote hideaway in the mountains of Mexico.

Kenya's Animal Kingdom
Documentary
Discover Kenya's famous fauna in their natural habitat, including the Big Five — lions, African elephants, Cape buffalo, leopards and black rhinos — and giraffes, hippos and cheetahs. Meet two fearless young Maasai and follow them on their ritual safari.

Island of Lemurs: Madagascar
Documentary
Join scientist Patricia Wright on her life-long mission to help endangered lemurs survive in the modern world. Narrated by Morgan Freeman.

Keweenaw Theatre
2903 Poverhouse Dr.
306-532-4429

NEW MOVIES

The Divergent Series: Insurgent
Harper
Mia (Shailene Woodley) joins a group on a trip to the Amazon jungle, in an effort to put a halt to the illegal slave-trading that endangers the tranquil lives of an isolated tribe. They fly to Peru and immediately get to work. The streaming is by the by: themselves to traps and bulldozers. Their rebellion quickly turns to tragedy when their plane crashes in the jungle and they're captured by the very people they were trying to protect — cannibals who engage in ritual human sacrifice before eating their captives.

The Identical
Drama
The path of a musical family from the 1840s through the Great Depression. Starring Ashley Judd and Ray Liotta.

Galaxy Cinema
435 McCreary Blvd. N.
306-522-9595

Cineplex Deluxe
Josephine Mall Cinema
2023 Garden Rd., 306-555-3353

Rainbow Cinema
Golden Mile Shopping Centre
3926 Albert St., 306-250-5250

Event listings are a free community service offered by CPC. Listings will be posted upon receipt.

GARDENING

GARDENING ADVICE

Late blight reported in Outlook and Saskatoon areas

By Jackie Bantle

Do you remember when Saskatchewan summers were so dry that growing a vegetable garden was nearly impossible without a good sprinkler?

The last few years have been anything but dry. Once again, the wet conditions are providing the perfect conditions for the formation and spread of late blight (caused by the fungus *Phytophthora infestans*) in potatoes and tomatoes.

This is the same fungus that was responsible for the Irish potato famine, leading to the subsequent Irish diaspora. It is still a significant crop disease, causing over \$8 billion in losses annually although it is often associated with potatoes, the fungus attacks many plants in the Solanaceae family including tomato, eggplant and pepper (see lists). The disease was recently reported in the Outlook and Saskatoon areas.

Late blight thrives in cool damp weather. Late blight spores spread via the wind and rain splash. The spores then survive and develop under high humidity temperatures below 24°C and free moisture (the rain, dew, mist) for at least six to eight hours.

Late blight initially appears as a small dark lesion on the stem or leaf (see list) late lesions often occur low or in the plant canopy where there is less air movement and humidity is higher. In cool, humid weather these leaf lesions may occur as the upper portion of the plant.

Lesions on leaves are pale green, brown, or grey/black in colour, circular or irregularly shaped, have a characteristic yellow or water-soaked halo surrounding the lesion. Unlike early blight (see list on page 18), the lesions are not limited by leaf veins and will quickly consume part the entire leaf if conditions



Late blight has spread in Saskatchewan and has been reported confirmed in the Saskatoon and Outlook areas, according to Dr. Doug Walker, vegetable researcher at the University of Saskatchewan. The infected leaf shown above has a water-soaked area surrounding the dark brown lesion. PHOTO COURTESY JACKIE BANTLE

are favourable.

During cool damp weather or in the early morning, a white velvety growth can be seen on the underside of the leaves like spores are produced on this growth. Since lesions will continue to progress even during hot, dry weather (under less favorable conditions, large potato or tomato tubers can be destroyed in several days).

If you suspect that you have late blight, remove the infected plant as soon as possible. Burn or bury the infected leaves, stems and vines. Harvest potato tubers as you see them; otherwise, leave tubers in the

soil as long as possible. Infected tubers will hopefully rot in the ground before you dig them for storage. If late blight is observed on late blight tubers, tubers infected by late blight will have lesions in redish or purple irregular streaks lesions on the skin. Under the lesions will be a soft, brown, dry granular rot that will continue to spread into healthy tissue. The entire tuber will eventually become infected and covered by secondary soil rot. Monitor potato tubers in storage closely for rot. Discard any rotting tubers immediately and clean and disinfect storage area with 10 per cent bleach solution.

Thomas first that Jackie Bantle

but has been harvested from infected plants should be washed in soap and water and dipped in a 10 per cent bleach solution followed by another soap and water wash. While this does not guarantee that your fruit won't rot, it may help to reduce infection if spores are located on the surface.

Tomato fruit that has been infected with late blight will have firm brown leathery spots on the exterior of the fruit particularly on the shoulders of the fruit. These spots will eventually become a soft rot as other secondary rotting organisms invade the fruit.

To avoid future late blight infections use drip irrigation to water plants to avoid water splash on the leaves. If you overheard water used watering in the evening or at night. Destroy all volunteer tomato or potato plants that may emerge in your compost or surrounding garden area. Apply copper sprays as a preventative measure and control nightshade weeds.

Jackie is a horticultural writer in Saskatoon. This column is presented courtesy of the Saskatchewan Horticulture Society (www.saskhort.org) and is presented as a service to our readers. Contact Jackie Bantle at jackie@jantle.com or 306-244-1111 for more information on this column. Jackie is a member of the Society for Horticultural Science, the Canadian Horticultural Society, and the Saskatchewan Horticultural Society.

#CROSSWORD

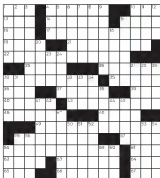
NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Bandweaver usually served with meat
 4 The mean beats
 10 Soviet policy of isolation
 13 Type of "The Lord of the Rings"
 14 April to September for baseball
 15 Standard clock in 1930s
 16 Like some clocks for when
 17 End of June Day
 18 It is supposed to use "oil"
 21 Has some water over
 22 Independence of a flying device?
 23 Tap, or a reward that can provide tap
 24 News item
 26 Later with a key ring?
 27 The Heavens Stone is one
 28 Historical health of Connecticut in 1910
 37 Virus test
 39 Cowboy number
 40 Card examinations
 41 Hardly an attraction for a surfer?
 42 Representative
 44 "Cluckin' n'..."
 49 Directors in charge of television?
 50 Elementary card
 57 Tenth article, perhaps
 60 Immature but somewhat adult
 61 Subtle but alternative for fun
 62 Features of many low-lying trees
 63 "seems"
 64 Visual that was 300 words long
 65 "mean"
 66 Joke
 67 Fish eggs

DOWN

- 1 With century plants to only once



PHILIP DE ANTONIO/CONTOUR

- 2 Lumber
 3 Just 2 in 10 years
 4 Jack-with-outward inward replaced
 5 Opposite of off park
 6 Most clock-always in 7 welcome at the door
 6 "...anything later?"
 7 "Stationary" "Stationary" "Stationary"
 8 Fixed Network V.P.
 9 Drop
 10 Cowboy board on horse
 11 Minister in a state
 12 Nicotinic children's "doctor"
 13 Gaffer joke
 25 One stretching of fabric
 26 Sewing tape
 27 Aid for a back host
 28 Frankly funny after
 29 "Coping" (former cartoonist)
 30 Surfer's getaway
 31 Former Chevy subcompact
 32 Book before Diet
 33 British island port
 34 Cam hat box
 35 Number
 36 Same coffee orders
 42 And-tongue native
 43 Planet, e.g.
 44 Moccasin material
 47 Hospital implants
 50 Brass laundry in old parlance
 51 Ventriloquist king
 52 Gender verbals
 53 Not an original
 54 Ketchup with the 30 plus more single "hold On like to Gump, home!"
 55 Karmann ____ flies in German sports car
 56 Average in color?
 57 One in charge of 555
 58 ____ card
 60 Some PCs and printers

JANRIC CLASSIC SUDOKU

Level: Bronze

Fill in the blank only using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Gold (hardest)



Solution to the crossword puzzle and the Sudoku can be found on Page 23

Vintage Vinyl & Record Emporium

2835-11th Ave. **REGINA (306) 347-1111** **OPEN**
 132 Main St. **MOOSE JAW (306) 693-2222** 7 days a week

- Classic to Modern Records, CDs & Tapes
- T-Shirts • Black & Tie Dye Hoodies • Huge Tie Dye Selection
- Hemp Products • Pottery • Jewelry • Posters
- Stickers • Zippos • Mugs • Black Flags & Accessories
- Paper & Pencil (15¢) • and so much more!

Top \$\$\$ Value for Quality Records/CDs & Tapes

Carpet Cleaning Special **Alpine** CARPET CARE

\$7500 Living Room & Hallway

Truck Mounted Unit

OTHER SERVICES: Hot Steam starting @ \$95, Area Rugs, Bedroom's (\$80/room), Upholstery, Tile & Grout Cleaning

NO HIDDEN CHARGES or UPSILLS

(306) 543-1750

Todd Lunk
Owner/Operator

THE CROSSER KETTLE

BUSINESS

SPECIAL OCCASION

DATE NIGHT

You Fill In The Rest!

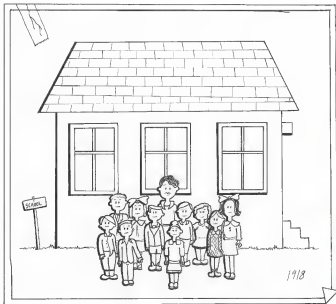
CK PIZZA

Dine with **COPPER KETTLE**

Gift Certificates available!

1953 Scarth St. 306-525-3545

OUTSIDE THE LINES



Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to sc@leaderpost.com. One winner will be chosen each week.

Please send entries by Monday at 9 a.m.



Last week's contest winner is Mays Archer, Age 6. Thanks to everyone who submitted entries!

WINE WORLD

SASKATCHEWAN WINE SCENE

If you see Passimonto on the label, just buy it

By James Romanow

One of the most ancient methods of making red wine, slightly sweet wines is through Agassimonto. The most famous of these wines is, of course, Agassimonto.

Agassimonto if you haven't tried it is an amazing wine with so many flavours you lose count long before you realize it. The stuff is beyond delicious — it's an it, a most enticing of a wine. Also, it also starts at about \$40 and climbs fairly quickly from there.

Passimonto is a famous Agassimonto producer from Verona. For about a decade they've been producing an absolutely delicious Agassimonto style wine — which is to say made from dried grapes — called Passimonto.

The grapes used include Merlot, definitely a non-Veneto variety. This means Passimonto can't call the wine Agassimonto. Passimonto is the same word as Agassimonto, with the 'A' swapped. If you see Passimonto on Agassimonto, or any other variations on a label, just buy the wine. You'll be happy.

Passimonto has never got the kind of attention it deserves in North America. The result is that while Passimonto Agassimonto costs about \$45, Passimonto Agassimonto costs a mere \$18. As far as I'm concerned that's just downright stupid. I therefore do my best to save the rest of you from such a deplorable glass. I try to convince



the entire Saskatchewan wine scene myself. It's hard work, but I do it for you faithful reader.

It's a rich, satisfying wine with a bouquet of herbs, nase and better cherries that lead you into a glass that begins slightly sweet, and finishes with that hallmark touch of better alcohol. One sip and you're asking for more. If you can't get it at your SAGA outlet, find one that carries it.

Passimonto Agassimonto, Italy 2013 \$18.40 *****
More wine on Monday's paper and on Twitter @jromanow.

MUTCHMOR LODGE

Seniors Live for Less
A safe comfortable environment including:



- Surice and individual rooms
- 3 Nutritious meals and snacks served daily
- Assigned dining room seating
- Light housekeeping daily
- Weekly bed linen changes
- Staff on-site 24 hours a day
- Planned daily recreation
- Power, heat, water included
- Wheelchair accessible

Units available
now As low as
\$1,352.00
per month

Visit us at:

320 Century Crescent

Regina, SK S4T 6M1

Phone 306-352-8034

Fax 306-522-7119

Email: mutchmor@sasktel.net

www.mutchmorlodge.com

The Neil Squire Society

Would Like To Donate Your To These

30th Anniversary!

Date: September 18, 2014

Time: 2:00 PM – 5:00 PM

Place: The Caledonian Curling Club
2225 Sandra Schmirler Way
Regina, SK S4W 1B6

Please RSVP by September 10, 2014

Contact: Lisa at lsk@neilsquiresociety.ca Ph: (306) 781-6023

201-2206 Dewdney Avenue Regina SK, S4R 1H3

All past participants, partners and interested parties please join us for light refreshments, a cash bar and a silent auction

Crossword/Sudoku answers

BLT	UNMADE	CBS
LIV	SEASON	SHEA
OTC	COOKIESHEET	
OHHI	RINSEOFF	
MEASURINGCUP		
NAME	OSAGES	
CANOPENER	STELA	
AVE	FUMED	TEX
WELOS	MICROWAVE	
POSEAS	AROW	
CUTTYIN	BOARD	
GRADEONE	OYER	
CHAFINGDISH	CPA	
FING	TURNIP	ARK
OAR	SPASMS	ROE

4	5	2	8	6	3	1	9	7
3	7	1	9	2	4	8	6	5
9	6	8	5	7	1	3	4	2
8	1	7	6	5	2	4	3	9
2	9	4	3	1	7	5	8	6
5	3	6	4	9	8	2	7	1
1	2	3	7	4	6	9	5	8
7	4	9	2	8	5	6	1	3
6	8	5	1	3	9	7	2	4

LEADER-POST
FOUNDATION

2014 BURSARY WINNERS



Shelby Shivak
Michael A. Riffel Catholic
High School, Regina
—Clinical Psychology—
University of Regina



Kee Mae Paw
Luther College High
School, Regina
—International Studies—
University of Regina



Davlynn Pedick
Athol Murray College
of Notre Dame, Wilcox
—Animal Bioscience—
University of Saskatchewan

The Leader-Post Foundation is pleased to announce the post-secondary students who have been awarded \$5,000 bursaries for 2014.

Since 1989, the Foundation has awarded close to \$400,000 to outstanding Saskatchewan students.

Recipients are chosen on the basis of demonstrated financial need, awards and achievements, community and school involvement and acceptance at a recognized post-secondary institution.

LEADER-POST
FOUNDATION*Supporting Community and Education*

Bursary applications can be obtained any time after January 1, 2015 at:
Leader-Post, 1964 Park Street, Regina, SK S4P 3G4, Email jt@leaderpost.com

INTRODUCING THE ALL NEW 2015 SUBARU OUTBACK



RATED ONE
OF THE
SAFEST
VEHICLES ON
THE ROAD

AUTO  GALLERY
609 WINNIPEG ST

*Excludes 70th Series & 10th Series

(306) 525-6700
1-888-763-6700
www.autogallery.com



SUBARU
Confidence in Motion

2014 Subaru Outback

\$23,495
\$227 B/W



2014 Subaru Tribeca



AWARD WINNING SUBARU TRIBECA
STARTING AT
\$29,999
\$271 B/W

2014 Subaru CrossTrek

\$23,495
\$227 B/W



2014 Subaru Impreza

\$19,995
\$159 B/W



YOUR ALL WHEEL DRIVE CENTRE FOR ALL SEASONS!

AUTO > GALLERY
609 WINNIPEG ST

The get. GO. Store & more info

(306)525-6700
1-888-763-6700
www.autogallery.com



SUBARU

Confidence in Motion

HUGE SALE

**ALL MAKES • ALL MODELS
CARS - TRUCKS - SUV'S**



2013 FORD ESCAPE	2013 FORD ESCAPE	2013 SUBARU OUTBACK LTD	2011 FORD FLEX SEL	2010 SUZUKI SX4	2009 SATURN ASTRA
1 BL, HEATED SEATS, BLUETOOTH	1 BL, ECOBOOST, HEATED SEATS, BLUETOOTH	AWD, NAV, HEATED SEATS, SUN ROOF	AWD 3.5L	AWD 2.0L	FUEL EFFICIENT 1.8L
\$24,999 SALE \$23,798	\$24,999 SALE \$162.00/W	\$34,999 SALE \$32,895	\$24,999 SALE \$23,885	\$12,999 SALE \$11,890	\$6,999 SALE \$5,900
2008 TOYOTA YARIS	2008 ACURA MDX	2008 GRAND CHEROKEE	2008 FORD F250	2007 CHEVY IMPALA	2007 DODGE CALIBER
FUEL EFFICIENT 1.5L, COMPACT	V6 SPORT, AWD, LEATHER	DIESEL, 4X4, LEATHER	4X4, 5.4L, QUIET RIDE	3.5L V6	FUEL EFFICIENT 1.8L, 5 DOOR
\$7,999 SALE \$4,888	\$19,999 SALE \$17,889	\$24,999 SALE \$24,876	\$19,999 SALE \$172.00/W	\$12,999 SALE \$8,900	\$12,999 SALE \$8,785
2007 CIVIC SI	2007 PONTIAC G5	2007 MAZDA MX-5	2007 BMW X3	2007 TOYOTA RAV4	2006 FORD MUSTANG
FUEL EFFICIENT 2.0L, SPACIOUS	QUIET RIDE, FUEL EFFICIENT	AWD, SPORTY, CONVERTIBLE	AWD, GREAT HANDLING	4X4, 3.5L V6	AWD, MUSCLE, RETRO INTERIOR
\$14,999 SALE \$12,795	\$9,999 SALE \$5,967	\$14,999 SALE \$13,897	\$19,999 SALE \$173.00/W	\$12,999 SALE \$9,865	\$17,999 SALE \$14,765

YOUR ALL WHEEL DRIVE CENTRE FOR ALL SEASONS!

AUTO > GALLERY
609 WINNIPEG ST
Winnipeg, MB R2N 2Y6

(306)525-6700
1-888-763-6700
www.autogallery.com



SUBARU

Confidence in Motion

ATV'S - TRAVEL TRAILERS - SNOWMOBILES BOATS - SIDE X SIDE'S - MOTORCYCLES



2012 CROWNLINE 18SS

WAS \$40,936 NOW \$27,900

SAVE \$13,036

\$138 B/W



2013 YAMAHA FX SHO

WAS \$17,995 SALE \$16,582

SAVE \$1,413

\$167 B/W



YAMAHA

DUTCHMEN



CROWNLINE



2014 YAMAHA 242 LIMITED S

MSRP \$79,998 ON SALE \$68,995

SAVE \$11,000 TODAY

\$289 B/W



2012 DUTCHMEN 265 BHS

WAS \$28,995 SALE \$18,995

SAVE \$10,000

\$265 B/W



**OPEN ROAD
RECREATION**
652 ADAMS ST, REGINA

306-543-7766 OR 1-888-546-2080

openroadcreation.com